

DAILY MENU



Not Your Ordinary Bagel Store!™

BREAKFAST BUFFET • FRESH ROLLED BAGELS • CATERING • SOUPS • PARTY BAGEL • FOOD PLATTERS • CHOPPED SALADS • APPETIZING • BOAR'S HEAD COLD CUTS • WRAPS • ORIGINAL SPREADS • PANINI • BAKERY • PARTY HEROS



WE DELIVER TO BUSINESSES

WWW.LIBC.COM

BEFORE PLACING YOUR ORDER, PLEASE INFORM US OF ANY FOOD ALLERGIES

BAGELS*

(Always a Baker's Dozen)

All of our Bagels are Rolled & Baked Fresh Daily

Plain, Sesame, Poppy, Onion, Garlic, Egg, Egg Onion,
Egg Everything, Whole Wheat Everything, Cinnamon Raisin,
Whole Wheat, Oat Bran, Black Russian, Salt, Everything,
Bialys, Low Carb, & More

Dozen Bagels Half-Dozen Bagels

FLAT BAGELS*

MINI BAGELS*

*Every Wednesday: Buy 12, Get 6 FREE & Buy 6, Get 3 FREE (excludes holidays & pre-holidays)

CREAM CHEESE & SPREADS

We only use Philadelphia Cream Cheese. Check our weekly cream cheese specials!

On a Bagel By the 1/2 lb.

Butter

Plain

Plain Lite

Vegetable

Lite Vegetable

Scallion

Lite Scallion

Lox

Lite Lox

Olive

On a Bagel By the 1/2 lb.

Cinnamon Raisin

Apple Walnut Raisin

Chocolate Chip

Sundried Tomato Jalapeño

Roasted Garlic & Herb

Strawberry

Bacon Garlic Cheddar

Peanut Butter & Jelly

Tofutti

and more...



ASSORTED MUFFINS & MINI MUFFINS

BUY 3 GET 1 FREE EVERY DAY
PLATTERS AVAILABLE

Corn, Blueberry, Cranberry, Chocolate Chip,
Carrot, Bran, Raisin Bran, Oat Bran & more

ALSO AVAILABLE: DELICIOUS DANISH,
TURNOVERS & COOKIES



ALL PRICES ARE SUBJECT TO CHANGE. TAX NOT INCLUDED.

FROM THE GRILL

Eggs/Egg Whites on a
Bagel or Roll

Eggs/Egg Whites with Ham,
Bacon or Turkey

Eggs/Egg Whites with Sausage

Challah French Toast

Heart Attack
3 Eggs, Ham, Bacon, Sausage
& Cheese on a Hero

Leo
Lox, Eggs & Onions

Western Omelet
(Includes Home fries)

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS



BREAKFAST WRAPS

(Plain, Garlic & Herb, Whole Wheat)

BW1 Egg Whites, Spinach, Mushrooms & Broccoli

BW2 Eggs, Egg Whites, Grilled Chicken & Caramelized Onions

BW3 Egg Whites, Sliced Lox & Caramelized Onions

BW4 Egg Whites, Cracked Pepper Turkey, Ham, Peppers, Onions & Hot Sauce

BW5 Egg Whites, Grilled Chicken & Spinach

BW6 Egg Whites, Grilled Chicken, Jalapeños & Cheddar Cheese

THE STENT Egg Whites, Grilled Chicken, Spinach & Cheddar Cheese

Create your own wrap! You want it, we'll wrap it!

GREAT ADD-ONS:

Avocado

Any Cheese

Bacon, Ham or Sausage

Hash Browns

Side of Home Fries

Tomatoes

S/O Bacon

BREAKFAST BOX

3 Eggs (any style) with Ham, Bacon or Sausage.

Includes Bagel with Cream Cheese or Butter, Home fries, 12 oz Coffee or Tea

COFFEE

12 oz 20 oz

16 oz 24 oz

ICED COFFEE/ ICED DECAF/ FLAVORED COFFEE

24 oz

32 oz

Also available, Boxes of Coffee Including Condiments (10-14 cups)

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SALADS & MORE

All Sandwiches served with a Choice of our Homemade Side Salads & Pickle

On a Bagel

By the 1/2 lb.

Classic Tuna Salad

Classic Lite Tuna Salad

Vegetable Tuna Salad

Balsamic Tuna Salad

Classic Chicken Salad

Classic Lite Chicken Salad

Vegetable Chicken Salad

Taco Chicken Salad

Cajun Chicken Salad

Cranberry Chicken Salad

Grilled Honey Mustard Chicken Salad

Egg Salad

Egg, Mushroom & Onion Salad

Egg White Salad

Shrimp Salad

Chicken Cutlets

Grilled Vegetables

APPETIZING

On a Bagel or by 1/4, 1/2 lb.

Hand Carved Nova Lox / Belly Lox

Baked Salmon

Hand Sliced Sable

Whole White Fish

Herring Fillets

Chopped Herring

Chopped Liver

Chunky Whitefish Salad

Chunky Baked Salmon Salad

WRAPS

Plain Garlin & Herb, Whole Wheat (Lettuce Wrap +\$1)

All Wraps are served with a Choice of our Homemade Side Salads & Pickle

1. Any Chicken Salad

with Lettuce and Tomato

2. Any Tuna Salad

with Lettuce and Tomato

3. Caesar's Revenge

Grilled Chicken, Lettuce, Tomato, Croutons and Caesar Dressing

4. Jillian's Delight

Grilled Chicken, Roasted Peppers, Melted Mozzarella and Balsamic Vinaigrette

5. Grilled Vegetable Medley

with Hummus

6. Santa Fe

Cracked Pepper Turkey, Roasted Peppers, Grilled Onions with Spicy Jalapeño Mayo (pink sauce)

7. Oceansider

Turkey Breast, Alpine Swiss, Avocado and Coleslaw

8. Sailor

Sliced Grilled Chicken or Grilled Honey Mustard Chicken Salad with Lettuce, Tomato and Honey Mustard Dressing

Or Create your own Wrap!

SIDE SALADS

Macaroni Salad

Potato Salad

Coleslaw

Bean Salad

Cucumber Dill Salad

Spinach Feta Salad

Pasta Salad

Israeli Salad

Boar's Head

WE CARRY A FULL LINE OF BOAR'S HEAD COLD CUTS FOR SANDWICHES AND BY THE POUND!

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SANDWICHES

All Sandwiches Served with a Choice of Our Homemade Side Salads & Pickle
Hero / Lettuce Wrap extra charge

1. Roast Beef or Turkey Royale

Hot Roast Beef or Turkey, Melted Mozzarella on Toasted Garlic Bread

2. Big Bird

Chicken Cutlet, Melted American, Lettuce, Tomato & Russian Dressing

3. The Soprano

Ham Capicola, Salami, Pepperoni, Provolone, Lettuce, Tomato, Roasted Peppers, Oil & Vinegar

4. Super BLT

Crispy bacon, Lettuce, Tomato, Avocado & Mayonnaise

5. Buffalo Bill

Chicken Cutlets, Lettuce, Hot Sauce with Blue Cheese Dressing

6. Turkey or Chicken Time

Turkey or Chicken Salad, Bacon, Lettuce, Tomato & Mayonnaise

7. Novalicious

Hand Carved Nova or Belly with Scallion Cream Cheese, Tomato, Onion & Cucumber on LIBC
Everything Bagel \$10.99

8. Bubbalicious

Fried Chicken Cutlets, Melted Mozzarella, Crispy Bacon & Spicy BBQ Sauce

9. Reuben

Hot Pastrami, Turkey or Corned Beef, Melted Swiss, Coleslaw & Russian Dressing on Toasted Rye Bread

10. Chicken Tuscany

Grilled Chicken, Fresh Mozzarella, Lettuce, Tomato, Roasted Red Peppers, Red Onion & LIBC's Homemade Balsamic Vinaigrette

11. Gatsby

Breaded Eggplant, Sliced Turkey, Fresh Mozzarella, Sliced Tomato & Sundried Tomato

12. Americana

Boar's Head Ham, Turkey, Roast Beef, American & Swiss Cheese, Lettuce, Tomato & Coleslaw.

PANINI

Hot Grilled Sandwiches on European Flatbread
Served with Choice of our Homemade Side Salads & Pickle

Delightful

Fresh Maple Glazed Turkey, Swiss Cheese, Coleslaw & Honey Mustard

American Wedge

Breaded Chicken Cutlet, Crispy Bacon, Cheddar Cheese, Lettuce, Tomato & Russian Dressing

Chicken Parm or Eggplant Pam

Breaded Chicken, Fresh Mozzarella, Marinara Sauce, Fresh Basil & Grated Cheese

Italiano

Grilled Chicken, Roasted Peppers, Fresh Mozzarella & Pesto

Monte Cristo

Layers of Ham, Smoked Turkey, Swiss Cheese, Cheddar Cheese, Lettuce, Tomato & Honey Mustard Dressing



We carry a full line of BOAR'S HEAD products

Before placing your order, please inform us of any food allergies.

CHOP-IT-UP SALAD BAR

Small | Large

1 Choose size and lettuce

2 Choose any toppings
(Max. 5, additional toppings extra)

3 Choose dressing

4 Chopped and tossed or just tossed

TOPPINGS

Cucumbers
Carrots
Cannellini Beans
Crumbled Egg
Kidney Beans
Tomato
Red Onion
Celery
Red & Green Peppers
Roasted Peppers
Broccoli
Artichoke Hearts
Mushrooms
Beets

Olives
Sunflower Seeds
Croutons
Chickpeas
Walnuts
Cranberries
Sun-dried Tomato

Perfect Add-Ons (Additional)

Feta Cheese
Parmesan Cheese
Cheddar Cheese
Fresh Mozzarella

PROTEIN ADD-ONS

Tuna • Grilled Chicken • Fried Chicken
Roasted Turkey • Cold Cuts

DRESSINGS

Golden Italian
French
Russian
Caesar
Ranch
Bleu Cheese
Honey Mustard
Balsamic Vinaigrette
Red Wine Vinaigrette
Asian Ginger
Lite Golden Italian ♥
Lite Ranch ♥
Tomato Basil ♥
Raspberry Vinaigrette ♥
Olive Oil and Vinegar ♥
♥ = Heart Smart

Also Available

Yogurt Parfaits • Fruit Cups
Pudding Cups • Assorted Cold Beverages

Hot Soups

16 oz & 32 oz

Call for Soup of the Day



OUR LOCATIONS

OCEANSIDE (24 HRS)	3452 Long Beach Rd.	516-678-7070
BELLMORE	550/552 Jerusalem Ave.	516-781-6575
LONG BEACH	757 E. Park Ave.	516-432-2582
GLEN COVE	89 Forest Ave.	516-671-3354
MINEOLA	175 E. Jericho Tpke.	516-427-5454
BALDWIN	2162 Grand Ave.	516-223-3100
NESCONSET	248 Smithtown Blvd.	631-366-2362

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All Major Credit Cards Accepted

